



Consent to Record

Couple Connect LLC Permission for Digitally Recording and Taping Sessions

Therapist Explanation:

As a primary learning tool in of the Gottman Method Couples Therapy, your therapist will video tape and record various interactions. Your therapist will use these tapes to play back to the two of you to assist you evaluating and processing your conflict management. By using these video recordings, you both will be able to evaluate where there could be improvement in managing your communication and conflict resolution, and learn to self-intervene, in real time.

Your therapist may also use these video recordings to receive consultation from the Gottman Institute Professional Trainers or Consultants. This may occur after your visits or in peer review. The purpose of disclosure is for education & training purpose and to ensure that the quality of interventions meets with the Gottman Institutes best practice standards. These recordings will not be a part of your record; and will not be released without informed written consent of both parties. The recordings will be erased when they are no longer needed, such as a withdrawal from care.

The recordings are the property of Couple Connect LLC and will remain in sole possession of the clinic and your therapist. As stated previously a copy may be sent through a secure portal to the Gottman Institute or to viewed by a consultant for the sole purposes explained above. These recordings will be stored electronically on a secure password protected device.

Client/Couple Agreement:

I/We understand and given my permission for video or digitally recorded to be used for education and training purposes for myself, my partner and my therapist. I/We understand that we may revoke this agreement at any time in writing. I understand that the revocation will not cover previously released material.

Client Signature

Date

Client Signature

Date

Therapist Signature

Date